



# Total Retirement News

An eNewsletter for members of the NC Retirement Systems



March 24, 2016

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## Quick Links

[MyNCRetirement.com](http://MyNCRetirement.com)  
[NC Saves for Retirement Retirement Handbooks Retirement Planning Conferences](#)  
[NC 401\(k\)/NC 457/NC 403\(b\)](#)  
[ORBIT](#)

## Reminder: 2013 Annual Benefits Statements Available Until March 31, 2016

The North Carolina Retirement Systems is preparing the 2015 Annual Benefits Statements for active employees who have contributed to their Retirement Systems account as of December 31, 2015. In preparation for the new statements, 2013 statements will be permanently removed from [ORBIT](#) on March 31, 2016. We will communicate further by email when the 2015 statements are posted.



## Retirement Planning Videos Updated for 2016

The Retirement Planning Videos for Members of the Teachers' and State Employees' Retirement System and the Local Governmental Employees' Retirement System have been updated reflecting

2015 legislation. If you are unable to attend a conference or webinar, or would like to review what you saw, visit one of the websites below:

- [LGERS Retirement Planning Videos](#)
- [TSERS Retirement Planning Videos](#)

## Guides for Members Nearing Retirement

The Retirement Systems has developed guides for members nearing retirement. The guides provide an overview of retirement eligibility and benefits. Guides are available for members of the following retirement systems:

- [Consolidated Judicial](#)
- [Local Governmental Employees](#)
- [Local Law Enforcement Officers](#)
- [Teachers and State Employees](#)
- [State Law Enforcement Officers](#)

## Beneficiary Designations

When you become a member of the Retirement Systems, you have the opportunity to designate a beneficiary(ies) for the return of contributions, and if eligible, for the death benefit. To determine if you designated beneficiaries when you joined the system, log into [ORBIT](#) and click "View Account Summary." Your beneficiaries will be listed on this page, if you have previously designated them. If you have less than 10 years of service, you can use the add, edit and delete features to change your beneficiary(ies) on the "View Account Summary" ORBIT page. Just click on "Change Beneficiary(ies)?" near the bottom of the page.

If you have more than 10 years of service, you will need to complete a paper copy of both:

- Form 2RC – Designating Beneficiary(ies) for Retirement System Contributions
- Form 2DB – Designating Beneficiary(ies) for the Death Benefit (if eligible for this benefit)

Both forms can be found on the [ORBIT](#) Forms page.

Submit your form(s) to the North Carolina Retirement Systems by mail or fax.

NC Retirement Systems  
3200 Atlantic Avenue  
Raleigh, NC 27604  
Fax: 919-855-5800

If a beneficiary designation is not on file with the Retirement Systems at the time of the member's death, any return of contributions or death benefit (if applicable) will be paid to the member's estate.

## Statement of Income Forms for Disability Benefit Recipients Due April 1

The Retirement Systems Division mailed Statement of Income (SOI) forms to members receiving disability benefits from RSD in February 2016. State law requires each disability benefit recipient to complete and submit a Statement of Income form to report earnings from employment and/or benefits from certain other sources each year to RSD.

Any employee failing to return the form by April 1, 2016, may have his/her monthly disability benefit suspended. If the monthly benefit is suspended, any health coverage the benefit recipient was receiving through the State Health Plan, if applicable, will also be suspended. If the benefit is suspended, and we later receive the required information, the monthly benefit may be re-instated retroactively; however, the State Health Plan coverage, if applicable, **will not be re-instated retroactively**. As a result, an employee may experience a lapse in health coverage, which means the employee may not have health coverage for a month or more.

### Stay Connected with Us!



Visit the N.C. Retirement Systems' Facebook page, Twitter feed and on



Instagram for updates regarding long-term



financial planning, retirement readiness tips, updates on the North Carolina Pension Fund, and much more. Be sure to like our page so you see the updates as they become available



North Carolina  
Total Retirement Plans

### Contact Us:

877-NCSECURE  
(877-627-3287)

[www.myncretirement.com](http://www.myncretirement.com)

Remember, to serve our Spanish-speaking customers, the Retirement Systems' Call Center is staffed with a representative who can assist members with translating Retirement Systems' information and addressing their retirement-related questions.

If you need to update your email address with the Retirement Systems, please log into [ORBIT](#). If you need to update your email address for this mailing list, please reply to this message with the new email address.