

# Fall Lunch & Learn

When: Wed. Nov. 16

Time: 1:00 p.m.-2:00 p.m.

Where: Public Services  
Downstairs

Please join this presentation:

“Better Foods for Busy Lives”

Presented by Julie Covington, EdD, MS, RD, LDN, Asst.  
Professor of Dietetics, Director, Dietetic Intern Program  
Solmaz Institute, Lenoir Rhyne University

**Registration is required.**

**Lunch will be provided!**

**In order to provide a very tasty lunch  
and defer some of the costs a \$2 fee  
will be involved for this session.**

**It will be well worth your time for this  
small amount!!**

