

## Library Research & Information Center

Resources may require a Hickory Public Library card.

- [Books & Literature](#)** Literary criticism, poetry, eBooks and eAudiobooks, reading recommendations - [Contemporary Literary Criticism](#), [Literature Resource Center](#), [Novelist Plus](#), [Salem Literature](#), [Worldcat](#)
- [Business Resources](#)** Business news, investing, small business help - [ABI Inform](#), [Business Portal](#), [ReferenceUSA](#), [Wall Street Journal](#)
- [eBooks, eAudiobooks & Online Videos](#)** eBooks, eAudiobooks and online videos from [Complete Idiot's Guides](#), [NCLIVE Video Collection](#), [eBooks on Ebscohost](#), [Hoopla](#), [North Carolina Digital Library](#), [One Click ebooks](#)
- [Genealogy](#)** Research your family tree with resources such as [America's Genealogy Bank](#), [DigitalNC](#), [Heritage Quest](#), and [Hickory Daily Record obituary index](#).
- [Health & Medical](#)** Information on health and wellness issues, medication, and aids for locating local service providers - [Medline Plus Drugs & Supplements](#), [NC Health Info](#), [Proquest Health & Medical Complete](#), [Proquest Family](#), [Salem Health](#)
- [History](#)** Articles from history journals, eBooks and online videos covering topics from American and World history can be found here - [ABC Clio eBook Collection](#), [Proquest Social Science Journals](#), [Salem History](#)
- [Hobbies & Entertainment](#)** Find resources for auto repair, recreational opportunities, and reading recommendations here - [City of Hickory Parks & Recreation Department](#), [Pronunciator](#)
- [Homework Help](#)** Information for English papers, pro/con articles, authoritative information on countries and cultures and resources for different age groups - [CQ Researcher](#), [SIRS Knowledge Source](#)
- [Jobs & Careers](#)** Find job listings, file for unemployment, test preparation, and other career-related resources - [Employment Security Commission of North Carolina](#), [Learning Express](#), [NC Job Bank](#), [NCWorks](#)
- [Magazines & Newspapers](#)** Current news, articles, peer-reviewed journals - [Hickory Daily Record](#), [Proquest Newsstand](#), [America's News](#)
- [Science & Technology](#)** Articles and eBooks for science and technology topics- [AccessScience](#), [Proquest Science Journals](#), [Salem Science](#), [Science in Context](#)
- [Seniors & Active Older Adults](#)** Find clubs and organizations, support services and leisure activities for seniors and older adults - [Catawba County Council on Aging](#)

## [Tutorials for New Computer Users](#)

Websites with tutorials, videos and exercises to help computer novices learn how to use computers including mousing exercises, Internet basics, online typing courses and social networking - [BBC's Webwise](#), [Goodwill Community Foundation Learnfree](#)

## Library Books & Literature Resources

Title	Recommended for	Includes
<a href="#">ABC-CLIO eBook Collection</a>	Literary analysis and criticism for authors including Austen, Dickens, Hemingway, Shakespeare, Tan, Twain & Walker.	eBooks
<a href="#">African-American Poetry</a>	African-American poems from 1750-1900.	poetry
<a href="#">American Poetry</a>	American poetry published from 1650-1920.	poetry
<a href="#">BookNews</a>	Sign up to receive e-mail notification about new books, audiobooks, and upcoming adult and children's programs.	mailing list
<a href="#">Complete Idiots Guides</a> via Gale	Full text eBooks of over 100 books in the Complete Idiots series.	eBooks
<a href="#">Contemporary Literary Criticism</a>	Literary criticism and analysis on a wide variety of authors.	eBooks
<a href="#">eBooks on Ebscohost</a>	Online reference, scholarly and professional books on a variety of topics including Bloom's Notes and Cliff Notes.	eBooks
<a href="#">ebrary Academic &amp; Public Library Complete</a>	Scholarly and general nonfiction titles.	eBooks
<a href="#">English Poetry</a>	English poems from 600 to 1900.	poetry

<a href="#">Faber Poetry Collection</a>	Includes the poetry of the most influential modern poets.	poetry
<a href="#">Home Grown eBooks Collection</a>	A collection of over 1000 ebooks by North Carolina authors.	eBooks
<a href="#">Literary Reference Center</a>	Available until December 31, 2014.	articles,eBooks
<a href="#">Literature Resource Center</a>	Articles, critical essays, work and topic overviews, full-text works, and biographies covering authors, their works, and literary movements.	articles, eBooks
<a href="#">MyiLibrary</a>	Online books on a variety of nonfiction topics.	eBooks
<a href="#">North Carolina Digital Library</a>	Popular eAudiobooks, eBooks, online videos and music.	eBooks, eAudiobooks, online videos, online music
<a href="#">Novelist Plus</a>	Find new reading material by using this database which provides reading recommendations based on titles, authors and subjects that you have enjoyed reading before.	reader's advisory service
<a href="#">Novels for Students</a> (click Show All to list titles)	Literary analysis and criticism including themes, character analysis, historical context and criticisms.	eBooks
<a href="#">Pronunciator</a>	Language learning resource for 80 languages and ESL help for 50 non-English languages.	
<a href="#">Salem Literature</a>	Full-text reference works with literary analysis and criticism including Critical Insights series and Critical Survey of Long Fiction.	eBooks
<a href="#">Twentieth Century African-American Poetry</a>	Poetry by African-Americans published from 1900-1999.	poetry

<a href="#">Twentieth Century American Poetry</a>	Influential American poetry published from 1900-1999.	poetry
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<a href="#">Twentieth Century English Poetry</a>	Poetry by modern English poets published from 1900-1999.	poetry
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<a href="#">Worldcat</a>	Available until June 30, 2015.	catalog
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## Library Business Resources

Title	Recommended for	Includes
<a href="#">ABI/INFORM Complete</a>	Articles from leading business publications.	articles
<a href="#">Business Link North Carolina</a>	Programs and resources for people starting a new business or moving a business to North Carolina.	website
<a href="#">Business Plans Handbook</a>	Sample business plans.	eBooks
(Click "Show All" for titles)		
<a href="#">Business Loans &amp; Grants Tool</a>	From SBA.gov, this tool allows you to search for state and local loans and grants for small businesses based on a range of criteria.	website
<a href="#">Business Portal</a>	Important business information for local entrepreneurs, investors, and small business owners who are looking to get their business started, or grow their customer base.	eBooks, demographics, marketing, investment databases, company information, and more
<a href="#">Business ServiCenter</a>	North Carolina Department of Commerce website includes forms and information on starting a business in North Carolina.	articles
<a href="#">Hoover's Company</a>	Company profiles for over 40,000 businesses.	

## Profiles

<a href="#">Morningstar Investment Research Center</a>	Includes research and independent opinions on thousands of mutual funds, stocks, and hundreds of ETFs.	articles
<a href="#">Newsbank</a>	Use "Access Business News" option to view business-related articles from over 350 publications.	articles
<a href="#">North Carolina Digital Library</a>	Business related eBooks and eAudiobooks include works on management, leadership, business planning and business finance.	eBook, eAudiobooks
<a href="#">Onesource Global Business Browser</a> (Click on "Onesource")	International business research with company profiles, news and journal articles, and industry information.	articles, company information, industry information
<a href="#">OxResearch reports from Oxford Analytical</a>	Articles on economic and political developments.	articles
<a href="#">ProQuest Accounting &amp; Tax Database</a>		
<a href="#">ProQuest Asian Business and Reference</a>		
<a href="#">ProQuest Banking Information Source</a>		
<a href="#">ProQuest Entrepreneurship</a>		
<a href="#">ProQuest European Business</a>		
<a href="#">ReferenceUSA</a>	Leading business and consumer research platform helps users create marketing plans, conduct competitive analysis, raise funds, and locate people.	directory, company information
<a href="#">Regional Business News</a>	Business journals and newspapers covering metropolitan and rural areas within the U.S.	articles

<a href="#">SimplyMap</a>	Compile demographic data for marketing with thousands of variables using this complex mapping program.	demographics, maps, marketing data
<a href="#">Small Business Administration</a>	The official site of the U.S. Small Business Administration includes resources to help small businesses take advantage of government services.	website
<a href="#">Snapshot Series</a> (market reports set)	8,000 international market research overviews.	reports
<a href="#">Wall Street Journal</a>	Full-text articles from the Wall Street Journal.	articles

## Library eBooks, eAudiobooks & Online Videos

Title	Recommended for	Includes
<a href="#">ABC-CLIO eBook Collection</a>	Literary analysis and criticism for authors including Austen, Dickens, Hemingway, Shakespeare, Tan, Twain & Walker.	eBooks
<a href="#">Business Plans Handbook</a>	Sample business plans.	eBooks
(Click "Show All" for titles)		
<a href="#">Complete Idiot's Guides</a>	Collection of 117 "Complete Idiot's Guides" on a wide variety of self-help topics including cooking, health, hobbies and technology.	eBooks
<a href="#">Contemporary Literary Criticism</a>	Literary criticism and analysis on a wide variety of authors.	eBooks
<a href="#">eBooks on Ebscohost</a>	Online nonfiction, reference, scholarly and professional books on a variety of topics including Bloom's Notes and Cliff Notes. <i>Check "Help" link on eBooks on Ebscohost page and select "eBooks and Audiobooks" from the Support Centers box on the right for instructions and troubleshooting.</i>	eBooks

<a href="#">ebrary Academic &amp; Public Library Complete</a>	Scholarly and general nonfiction titles.	eBooks
<a href="#">Films on Demand Video Collection</a>	Thousands of high quality videos on a wide variety of topics.	eVideo
<a href="#">Gale Virtual Reference Library</a>	Reference works on art, biography, education, history, medicine and science.	eBooks
<a href="#">Home Grown eBooks Collection</a>	A collection of over 1000 ebooks by North Carolina authors.	eBooks
<a href="#">Hoopla</a>	An extensive collection of videos, music and audiobook titles. Library cardholders may borrow 6 items per month.	eAudiobooks, eBooks, eVideo
<a href="#">MyiLibrary</a>	Online books on a variety of nonfiction topics.	eBooks
<a href="#">North Carolina Digital Library</a>	Popular eAudiobooks, eBooks, online videos and music. <i>See "Digital Media Help" on NCDL homepage for instructions and troubleshooting.</i>	eBooks, eAudiobooks, online videos, online music
<a href="#">NCLIVE Video Collection</a>	Collection of PBS videos including programs from American Experience, Frontline, Masterpiece Theater and the films of Ken Burns.	online videos
<a href="#">Novels for Students</a> (Click "Show All" for titles)	Literary analysis and criticism including themes, character analysis, historical context and criticisms	eBooks
<a href="#">Oxford Reference Premium</a>	Electronic access to entries from Oxford Press reference materials.	eBooks
<a href="#">Salem Health</a>	Full-text of health related reference works such as Magill's Medical Guide and Psychology & Mental Health.	eBooks
<a href="#">Salem History</a>	Full-text reference works on historical topics including Decades series, Great Events from History series, Great Lives from History series, and Milestone Documents series.	eBooks
<a href="#">Salem Literature</a>	Full-text reference works with literary analysis and criticism including Critical Insights series and Critical Survey of Long Fiction.	eBooks
<a href="#">Salem Science</a>	Full-text science reference works including Global Resources, Global	eBooks

## Library Genealogy Resources

Title	Recommended for	Includes
<a href="#">African-American Heritage</a>	Search historical records for African-Americans, such as census, marriage, and military service records, as well as registers of slave and freed persons of color -- and more.	records
<a href="#">America's Genealogy Bank</a>	Genealogical information from over 300 years of historical newspapers, books, pamphlets and government reports.	newspapers, books, records
<a href="#">America's News</a>	Locate current obituaries as well as current news from local, regional and national news sources.	articles
<a href="#">Ancestry Library.com</a> (in-library us only)	Searching census, birth, marriage and death records as well as historical publications, maps and photos .	government records, photos, maps, books
<a href="#">Digital NC</a>	Historical artifacts from the North Carolina Digital Heritage Center including diaries, government records, maps, photographs and yearbooks of historical significance for North Carolina.	government records, photos, maps
<a href="#">Fold3 History and Genealogy Archives</a>	Contains historical documents and photos from the Civil War, World War I and the Vietnam War; census and naturalization records; city directories; and much more.	documents, photos, government records
<a href="#">HeritageQuest</a>	Genealogical research materials including US Census, genealogy books, Revolutionary War Pension Applications and PERSI.	government records, books
<a href="#">Knox County, TN Death Records 1908-1920</a> <i>(posted with permission of copyright holder Brenda Messer, April 2006)</i>	Includes names of deceased, birthdate and place, death date, burial place and death certificate number.	government records

<a href="#">Knox County, TN Death Records 1921-1925</a>	Includes names of deceased, birthdate and place, death date, burial place and death certificate number	government records
<i>(posted with permission of copyright holder Brenda Messer, April 2006)</i>		
<a href="#">Obituaries in Catawba County Newspapers 1993-2005</a>	Index of obituaries that appeared in Catawba County newspapers between 1993 and 2005 compiled by the Catawba County Public Library.	website
<a href="#">Obituaries in the Hickory Daily Record 1915-1989</a>	Index of obituaries that appeared in the Hickory Daily Record between 1915 and 1989 compiled by the Hickory Public Library.	indexes
<a href="#">Our State magazine</a>	Full-text digital version of <i>Our State</i> magazine.	articles
<a href="#">Sanborn Maps</a>	Digital Sanborn Maps, 1867-1970 provides access to large-scale maps of North Carolina towns and cities.	maps
<a href="#">Shuford Funeral Home Records 1908-1957</a>	The records of the Shuford Funeral Home from 1908-1957 organized by last name of the deceased.	records
<a href="#">Vertical Files Index</a>	Indexes of the newspaper clippings files in the Boyd Family Local History Room at Patrick Beaver Memorial Library.	index

## Library Health & Medical Resources

<a href="#">KidsHealth</a>	Three part site with health information for parents, children and teens. Topics cover common health concerns, child development, and parenting.	website
<a href="#">Lab Tests Online</a>	Explanation of tests and test results.	website
<a href="#">MedlinePlus</a>	Authoritative website with information on health topics for the general public, seniors, men, women and children. Includes links to information on clinical trials, a medical dictionary and a medical encyclopedia.	website
<a href="#">MedlinePlus Drugs &amp; Supplements</a>	Information on prescription and over-the-counter medications. Coverage of herbs and supplements includes evaluation of health claims based on scientific studies.	website
<a href="#">MyiLibrary</a>	Online books include many on health-related topics such as ADHD, cancer,	eBooks,

nursing and eating disorders.

eAudiobooks

[Natural Standard](#)

Natural Standard's integrative medicine databases, checkers, and tools provide access to high quality, evidence-based information on dietary supplements (including herbs, vitamins, and minerals), functional foods, diets, complementary practices (modalities), exercises, and medical conditions.

[NC Health Info](#)

Health information on a wide range of conditions and treatments. The Go Local option allows you to find the nearest service providers by selecting a topic and your county.

website

[North Carolina Digital Library](#)

EAudiobooks, eBooks, and online videos include health-related topics such as diet, aging, exercise and mental health.

eBooks,  
eAudiobooks,  
online videos

[ProQuest Family Health](#)

Magazines and journals with health-related articles.

articles

[ProQuest Health & Medical Complete](#)

Clinical research plus consumer and health administration titles.

[ProQuest Nursing & Allied Health Source](#)

Journal articles on nursing, allied health and alternative medicine.

articles

[Salem Health](#)

Full-text of health related reference works such as Magill's Medical Guide and Psychology & Mental Health.

eBooks

## Library History Resources

Title	Recommended for	Includes
<a href="#">ABC-CLIO e-book Collection</a>	Ebooks available in this collection include such books in the Daily Life series, the American Slave Narratives and works about World War I & II.	eBooks
<a href="#">American Slavery: A Composite Autobiography</a>	Database which includes narratives of former slaves compiled through interviews. Narratives can be searched by name, subject and county.	narratives
<a href="#">America's Historic Newspapers</a>	Database of searchable newspapers dating from 1690 to 1928.	newspapers
<a href="#">ArchiveGrid</a>	<i>Available until 12/31/14.</i>	index
<a href="#">DigitalNC</a>	A digital collection presented by the North Carolina Digital Heritage Center that includes architectural drawings, maps, photographs and yearbooks of historical interest.	images
<a href="#">eBooks on Ebscohost</a>	Online reference, scholarly and professions books on a variety of topics.	eBooks
<a href="#">Gale Virtual Reference Library</a>	Reference works on art, biography, education, history, medicine and science.	eBooks
<a href="#">HeritageQuest</a>	Genealogical research materials including US Census, genealogy books, Revolutionary War Pension Applications and PERSI.	government records
<a href="#">MyiLibrary</a>	Online books include some on historical topics.	eBook
<a href="#">NC ECHO</a>	Online access to special collections of North Carolina's libraries, archives, museums and historic sites.	
<a href="#">North Carolina Digital Library</a>	Biographies and nonfiction on historical topics are included in this collection of eAudiobooks, eBooks, and online videos.	eBooks, eAudiobooks, online videos

<a href="#">NCLIVE Video Collection</a>	Collection of PBS videos including programs from American Experience, Frontline, Masterpiece Theater and the films of Ken Burns.	online videos
<a href="#">North American Women's Letters and Diaries</a>	Collection of letters and diaries written by American women from colonial times until 1950.	letters, diaries
<a href="#">Salem History</a>	Full-text reference works on historical topics including Great Events from History series and Milestone Documents series.	eBooks

## Library Resources for Hobbies & Entertainment

<a href="#">Catawba Science Center</a>	Provides exhibits, planetarium, aquarium, educational programs and volunteer opportunities.	
<a href="#">City of Hickory Recreation Department</a>	Parks, programs, recreation centers and fitness programs.	
<a href="#">eBooks on Ebscohost</a>	Online reference, scholarly and professions books on a variety of topics.	eBooks
<a href="#">eHow</a>	This website offers step-by-step advice on how to do a wide variety of tasks.	website
<a href="#">Hickory Choral Society</a>	Choral concerts. Ticket prices start at \$40.00.	
<a href="#">Hickory Museum of Art</a>	Art exhibits, programs and volunteer opportunities.	
<a href="#">Hickory Public Library Clubs &amp; Organizations Directory</a>	Database of area clubs and organizations searchable by subject, name or keyword.	database
<a href="#">Just for Readers</a>	A collection of booklists with reading recommendations from the staff of the Hickory Public Library.	booklists
<a href="#">MyiLibrary</a>	Online books on a variety of topics including learning a language, medical, history, literature and do-it-yourself.	eBooks

<a href="#">NCLIVE Video Collection</a>	Collection of PBS videos including programs from American Experience, Frontline, Masterpiece Theater and the films of Ken Burns.	online videos
<a href="#">North Carolina Digital Library</a>	Popular eAudiobooks, eBooks, online videos and music.	eBooks, eAudiobooks, online videos, online music
<a href="#">Novelist Plus</a>	Find new reading material by using this database which provides reading recommendations based on titles, authors and subjects that you have enjoyed reading before.	reader's advisory database
<a href="#">Pronunciator</a>	Interactive program for learning languages including ESL.	
<a href="#">Tripadvisor</a>	Provides reviews of hotels, vacation rentals, restaurants, things to do and attractions, and cruises that are verified to ensure accuracy and weed out advertising. The travel forum allows members to post questions about a destination or proposed itinerary. There is also an option for finding the least expensive flights.	website
<a href="#">Western Piedmont Symphony</a>	Provides a range of musical concerts throughout the year. Tickets are \$15.00 - \$40.00.	

## Library Homework Help Resources

<b>Title</b>	<b>Recommended for</b>	<b>Includes</b>
<a href="#">ABC-CLIO e-book Collection</a>	Literary analysis and criticism for authors including Austen, Dickens, Hemingway, Shakespeare, Tan, Twain & Walker.	eBooks
<a href="#">America's News</a>	Find information on current events and controversial information for all subject areas including a U.S. map interface and Special Reports.	articles
<a href="#">Contemporary Literary Criticism</a>	Full image access to CLC's scholarly and popular commentary on authors and works.	eBooks
<a href="#">CQ Researcher</a>	Pro and con essays on important issues of the day.	articles

<a href="#">eBooks on Ebscohost</a>	Online reference, scholarly and professional books on a variety of topics including Bloom's Notes and Cliff Notes.	eBooks
<a href="#">Learning Express Library</a>	Online test preparation aides for subjects such as math, reading, writing and college preparation including SAT practice tests.	practice tests, eBooks
<a href="#">Literature Resource Center</a>	<i>Articles, critical essays, work and topic overviews, full-text works, and biographies covering authors, their works, and literary movements.</i>	articles
<a href="#">Novels for Students</a> (Click Show All to list titles)	Literary analysis and criticism including themes, character analysis, historical context and criticisms.	eBooks
<a href="#">Salem Health</a>	Full-text of health related reference works such as Magill's Medical Guide.	eBooks
<a href="#">Salem History</a>	Full-text reference works on historical topics including Great Events from History series and Milestone Documents series.	eBooks
<a href="#">Salem Literature</a>	Full-text reference works with literary analysis and criticism including Critical Insights series and Critical Survey of Long Fiction.	eBooks
<a href="#">Salem Science</a>	Full-text science reference works including Global Resources, Global Warming and The Solar System.	eBooks
<a href="#">Science in Context</a>	Reference, magazines, journals and news sources, experiments on science-related topics.	articles
<a href="#">SIRS Knowledge Source Package</a>	Articles, primary sources, websites and graphics to support K-12 students with research, study and homework.	articles

## Library Jobs & Career Resources

Title	Recommended for	Includes
<a href="#">Career Library</a>	Career exploration for those new to the job market or those looking to change careers.	website

Catawba County Career Center	Provides job search, resume preparation and career exploration support. Located at 3301 Highway 70 SE, Newton, NC 28658. Contact at 828-466-5535.	
<a href="#">Employment Security Commission of North Carolina</a>	File for unemployment compensation, search for jobs and get forms for State of North Carolina employment applications.	website
<a href="#">Indeed.com</a>	Website with job listings for people with less developed computer skills. The two search options are "what" and "where."	website
<a href="#">Job Openings in North Carolina</a>	Employment Security Commission of NC website with links to NC Jobbank, NC State government jobs, job fairs, and national job listings.	website
<a href="#">JobsNow at CVCC</a>	JobsNow provides fast-track job training programs.	website
<a href="#">Jobs Portal from NCLIVE</a>	Website that gathers resources from NCLIVE on job searching, careering information, careers and test preparation resources.	website
<a href="#">Learning Express</a>	Online test preparation aides including occupational practice tests, computer skills, GED preparation and GED preparation.	practice tests, eBooks
<a href="#">NC Job Bank</a>	Jobs listed with the Employment Security Commission of North Carolina. Search by type of job, location or job number.	website
<a href="#">NCWorks</a>	A one-stop online resource for job seekers and employers in North Carolina. Users can create resumes and search for jobs.	website
<a href="#">ProQuest Career &amp; Technical Education</a>	Vocational information on technical topics.	
<a href="#">Reference USA</a>	This database allows job seekers to locate companies and conduct research to prepare for interviews. Select the U.S. Jobs / Internships database for listings.	directory, company information

## Library Magazine & Newspaper Resources

Title	Recommended for	Includes
<a href="#">ABI/INFORM Complete</a>	Articles from business journals, trade publications, market research	articles

reports, etc.

<a href="#">America's News</a>	Find information on topics related to community and state issues, current events, business, health, education, government and more including the <b>Hickory Daily Record</b> , <b>Charlotte Observer</b> , <b>News and Observer</b> and <b>USA Today</b> .	articles
<a href="#">Canadian Newstand Complete</a>	Over 300 Canadian newspapers.	articles
<a href="#">Criminal Justice Periodicals</a>	Research on crime, its causes and impacts, legal and social implications, as well as litigation and crime trends.	
<a href="#">Hickory Daily Record</a>	Find information on topics related to community issues and events, education, government, politics and sports.	articles
<a href="#">Infotrac Newsstand</a>	Full-text access to more than 1,100 major U.S. regional, national, international and local newspapers.	articles
<a href="#">Literature Resource Center</a>	Articles, critical essays, work and topic overviews related to authors and literature.	articles
<a href="#">North Carolina Newspapers from Newsbank</a>	Select North Carolina Newspapers option for articles from most major and local North Carolina newspapers.	articles
(Click "North Carolina Newspapers" for titles)		
<a href="#">North Carolina State Government Publications Collection</a>	Informational brochures and pamphlets produced by state government.	pamphlets
<a href="#">Our State Magazine</a>	Digital version of <i>Our State</i> magazine.	articles
<a href="#">Pharmaceutical News Index</a>	<i>News on medical technology and research.</i>	
<a href="#">ProQuest Accounting &amp; Tax Database</a>		
<a href="#">ProQuest Biology Journals</a>		
<a href="#">Proquest Central</a>	General reference database for over 175 subjects from magazines, journals and newspapers.	articles
<a href="#">ProQuest Computing</a>		articals

<a href="#">ProQuest Education Journals</a>		articles
<a href="#">ProQuest Environmental Science Package</a>		articles
<a href="#">ProQuest European Business</a>		articles
<a href="#">ProQuest Family Health</a>		articles
<a href="#">ProQuest Military</a>		articles
<a href="#">ProQuest Newsstand</a>	News content from many national and international newspapers, newswires and selected news magazines.	articles
<a href="#">ProQuest Nursing &amp; Allied Health Source</a>		articles
<a href="#">ProQuest Political Science</a>		articles
<a href="#">ProQuest Psychology Journals</a>		
<a href="#">ProQuest Religion</a>		
<a href="#">ProQuest Research Library</a>		
<a href="#">ProQuest Science Journals</a>		
<a href="#">ProQuest Social Science Journals</a>		
<a href="#">ProQuest Sociology</a>		
<a href="#">ProQuest Telecommunications</a>		
<a href="#">Science in Context</a>		
<a href="#">SIRS Knowledge Source Package</a>	Articles, primary sources, websites and graphics to support K-12 students' research.	articles
<a href="#">Wall Street Journal</a>	Full articles from the Wall Street Journal (1981-current).	newspaper articles

## Library Science & Technology Resources

Title	Recommended for	Includes
<a href="#">AccessScience</a>	Over 9,000 encyclopedia articles and research updates on scientific topics.	articles
<a href="#">eBooks on Ebscohost</a>	Online reference, scholarly and professional books on a variety of topics.	eBooks
<a href="#">Gale Virtual Reference Library from NCLIVE</a>	Searchable reference works on the environment, science and social sciences including The Gale Encyclopedia of Science and UXL Encyclopedia of Biomes.	eBooks
<a href="#">MyiLibrary</a>	Online books on a variety of topics including science and technology.	eBooks
<a href="#">NCLIVE Video Collection</a>	Collection of PBS videos including programs from American Experience, Frontline, Masterpiece Theater and the films of Ken Burns.	online videos
<a href="#">ProQuest Biology Journals</a>	Access to articles from a variety biology journals.	articles
<a href="#">ProQuest Career &amp; Technical Education</a>	Vocational information for technical careers.	
<a href="#">ProQuest Computing</a>		
<a href="#">ProQuest Environmental Science Package</a>		
<a href="#">ProQuest Psychology Journals</a>		
<a href="#">ProQuest Research Library</a>		
<a href="#">ProQuest Science Journals</a>		
<a href="#">ProQuest Telecommunications</a>		
<a href="#">Salem Science</a>	Full-text science reference works including Global Resources, Global Warming and The Solar System.	eBooks

[Snakes of North Carolina Identification System](#)

Developed and maintained by The Davidson College Herpetology Lab, this website interactive system allows users to identify snakes by entering the snake's physical characteristics.

## Library Resources for Seniors & Active Older Adults

Title	Recommended for
AARP of Catawba-Hickory	Educational programs, health information, social security information, special events and trips for seniors age 50 and older. Dues are \$5.00 per year. Meets 1st Tuesdays, 2:00 pm, First Baptist Church - Hickory, in the Fellowship Hall.  828-327-7440, email: lllong@charter.net
<a href="#">Catawba County Council on Aging</a>	Organization formed in 1979 in order to meet the needs of senior citizens in Catawba County. Operates West Hickory Senior Center.
<a href="#">Catawba County Department of Social Services</a>	Provides programs and services such as Seniors' Morning Out, meal programs, in-home care programs and transportation assistance.
<a href="#">Catawba Science Center</a>	Provides exhibits, planetarium, aquarium, educational programs and volunteer opportunities.
<a href="#">Catawba Seniority from Catawba Valley Medical Center</a>	Program sponsored by Catawba Valley Medical Center for people over 50. Offers discounts on prescriptions, health screenings, and access to educational programs on senior topics and exercise classes.  Call the Health First Center at 828-485-2300
Catawba Valley Golden K Kiwanis	Dues are \$13.50 per year. Meetings are at 12 pm, Mondays, at Pinecrest Retirement Home.  828-256-3887
<a href="#">City of Hickory Recreation Department</a>	Select "Senior Citizens" link under "In This Department" to see current activities being offered. Operates Westmont Senior Center.
Green Thumb, Inc.	National non-profit organization assisting individuals age 55 and over on limited income to obtain job training and employment. Services include training, full and part time jobs, computer/IT training, craft sales, on the job training, and individual attention.

828-758-4890

[Hickory Choral Society](#) Provides choral concerts. Ticket prices start at \$40.00.

[Hickory Museum of Art](#) Provides art exhibits, programs and volunteer opportunities.

Meals on Wheels Delivers meals at lunchtime to persons who are over 60, homebound, and in need of assistance with nutrition. Must be 60 and older, homebound, and unable to prepare meals. Volunteer opportunities also available.

828-695-4435

RSVP (The Retired and Senior Volunteer Program) RSVP matches the skills and interests of individual volunteers with the requirements of available volunteer jobs and positions where the volunteer will be most comfortable in working. Volunteers have the option of trying something new or continuing in a familiar field with respect to volunteer opportunities.

828-754-3000

Senior Citizens Club of Hickory The purpose of this group is fellowship with seniors. They meet on Thursdays. The 1st Thursday meetings are held at Shuford House at 12:45pm and often handle business and have programs. The other Thursdays of the month, the club meets at 1:00 pm for Bridge or other card games. \$2.00 monthly dues.

828-327-9630

[Senior Corps](#) National program that provides service opportunities for seniors 55 and over. Operates Foster Grandparent Program, Senior Companion Program and RSVP, which matches volunteers with local programs that need their skills.

West Hickory Senior Center Activities offered include educational programs, travel opportunities, health and wellness programs, group activities, insurance information, and legal services.

828-328-2269

[Western Piedmont Symphony](#) Provides a range of musical concerts throughout the year. Tickets are \$15.00 - \$40.00.

Westmont Senior Center Activities offered include shuffleboard, lunch groups, karate, card games, exercise classes, dance classes, Westmont players and a fitness center.

828-324-1200

## Tutorials for New Computer Users

**Title** **Title Recommended for**

[BBC's Webwise](#)

A great site with many courses available including [computer basics](#), [Internet basics](#), [using the web](#), and [email and sharing](#). [Your Internet browser](#) is a good place to start if you need to learn the basics of using a web browser.

[GCF Learnfree.com](#)

This free site from Goodwill Community Foundation includes tutorials on computer basics such as using a desktop or laptop, Internet basics including email basics, social media including Facebook 101 and Twitter 101, job searching and Microsoft Word and Excel.

[Good Typing](#)

Free online typing course. Registration required.

[Learning Express](#)

Part of NCLIVE's resources, Learning Express has a computer skills module that covers Adobe Flash, Illustrator and Photoshop, Wordperfect, Microsoft Access, Exel, Outlook, Powerpoint, Publisher, Sharepoint, Visio and Word, and both Windows and Mac operating system. The courses are primarily video instruction. If you have never touched a computer, try the Windows and Mac Operating Systems section, then Windows Vista or Windows XP to get a good introduction to how computers work. A short registration process will allow you to stop and start the course modules at will.

[Mouse Program.Com](#)

Learn how to use the mouse.

[Mousing Tutorial from Palm Beach County Library](#)

From the Palm Beach County Library System's webpage, this page includes a mousing around introduction to the mouse and an explanation of what the mouse is used for, mouserise exercises, and games that help develop mousing skills.