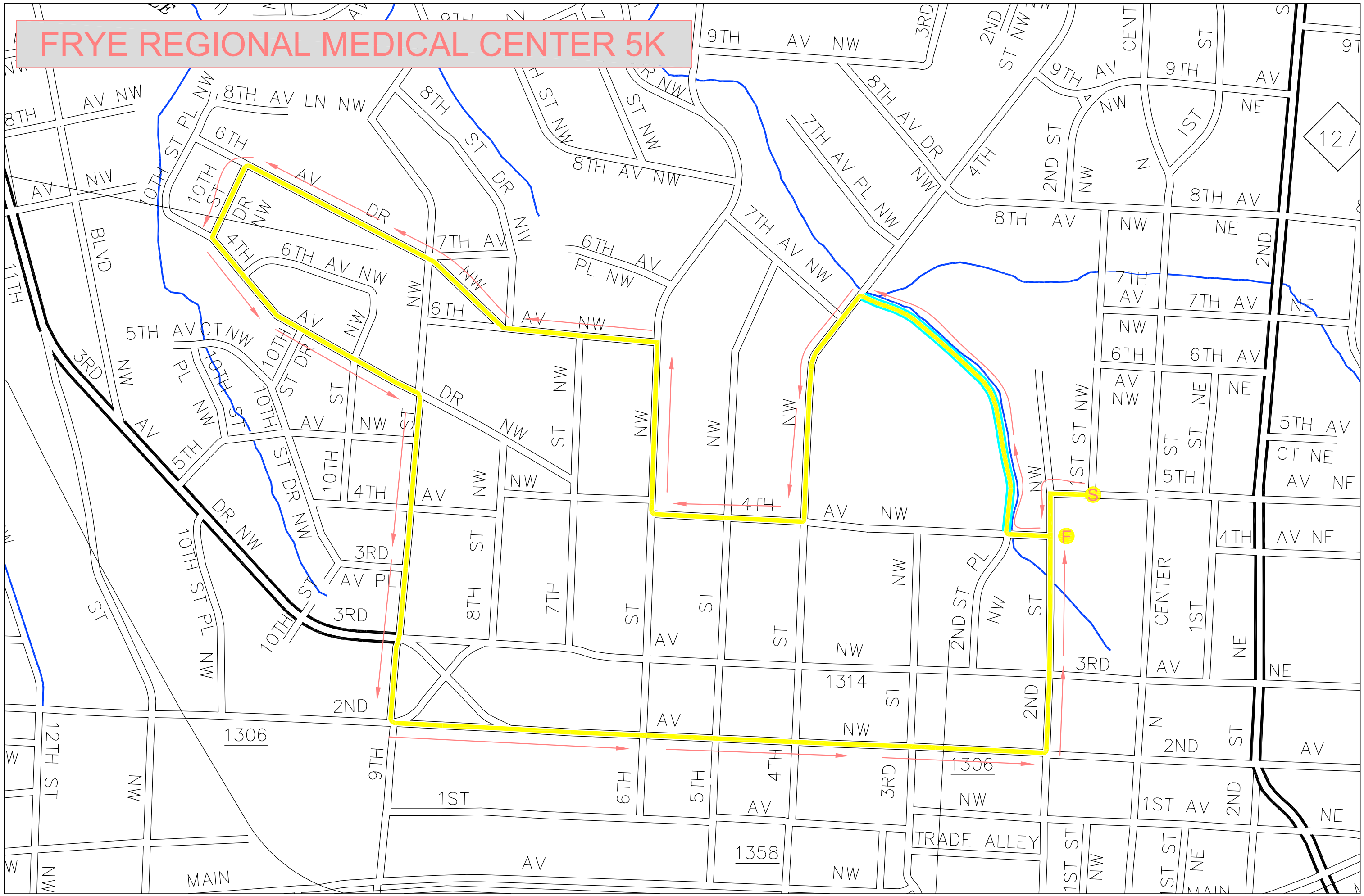FRYE REGIONAL MEDICAL CENTER 5K